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Tuesday, May 22, 2012

News worth sharing.



## Sex-scandal inquiry gets underway

A man who accuses two Manitoba lawyers of harassment is seeking legal aid PAGE 3

## You've got the money ... now what?

How to make the most of a financial windfall PAGE 17

## Canadian dies on Everest

The Toronto woman had hoped to fulfil a lifelong dream of raising the Maple Leaf on the summit PAGE 8

## Bear with us

Chicago Bear Israel Idonije comes home to Manitoba to present attendance awards to students at Sister MacNamara School PAGE 4



# JOLLY GOOD SHOW

Prince Charles and his wife, Camilla, the Duchess of Cornwall, attend a function at CFB Gagetown in Oromocto, N.B., on Monday. The royal couple are on a four-day tour with stops in New Brunswick, Ontario and Saskatchewan to mark the Queen's Diamond Jubilee. More coverage, page 9. ANDREW VAUGHAN/THE CANADIAN PRESS

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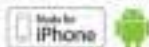
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**Bust**

## RCMP drug sting nets 100 charges against 30 people

The RCMP said a “joint effort” has led to a huge drug bust with more than 100 charges against 30 people.

On Friday, the RCMP held a press conference in Portage la Prairie to announce that officers from the Manitoba West District were successful in their long-term investigation known as “Project Demerit.”

“Trafficking of street drugs destroy lives, homes and communities,” said Assistant Commissioner Bill Robinson, commanding officer of RCMP “D” Division. “Each and every arrest, project, seizure or investigation sends a message and makes a difference.”

Project Demerit, which started last October, focused on street-level drug trafficking in the city of Portage la Prairie.

During the investigation the RCMP made numerous drug seizures, rounding up cocaine, marijuana and ecstasy with an estimated street value of over \$20,000.

“Fighting crime is a joint effort,” said Insp. Jean-Marc Nadeau, officer in charge of the Central Plains Area. “We encourage anyone with information on illegal drug activities to contact their local police or Manitoba Crime Stoppers if they wish to remain anonymous.”

Two suspects remain at large and are being sought by police. They are: Nicholas Andrew McCrae, 25, of Greenbank, Ont., and James Roderick Lathlin, 28, of Winnipeg.

The majority of those arrested are citizens of Portage la Prairie. **METRO**

## Retraction and apology to Conrad Black

In the May 7, 2012, edition of Metro and on metronews.ca, we published an article entitled, “Following the mogul script.” That article incorrectly reported on the nature of Conrad Black’s convictions. In fact, the only convictions upheld against Mr. Black were one count of obstruction of justice and one count of mail fraud.

Moreover, we retract any allegation that Mr. Black created “flimsy businesses based on fraud.”

We apologize to Mr. Black for these misstatements.



## Month of celebration

Alma Brigole performs a traditional Bagobo ethnic dance Monday afternoon at The Forks as part of the annual Asian Canadian Festival in celebration of Asian Heritage Month. **SHANE GIBSON/METRO**

# Hearing held in sex scandal involving judge

**Preliminary hearing.** Lawyer has admitted he solicited client to have sex with his wife, now a Manitoba judge, and gave him explicit photos

A man who shocked Manitoba’s justice community with claims that he was sexually harassed by a judge is asking for a publicly funded lawyer to represent him.

Alexander Chapman says ever since he came forward with accusations against two lawyers, one of whom is now an associate chief justice, he has been unable to work.

“I lost my job ... I don’t have much left,” Chapman told an inquiry committee of the Canadian Judicial Council on Saturday.

“I’ve been diagnosed with chronic stress as a result of what happened to me.”

Chapman came forward in 2010 with claims of being the target of a strange sexual plan seven years earlier. He claimed his divorce lawyer, Jack King,

had given him nude photos of King’s wife, Lori Douglas, and had asked him to have sex with her. Douglas was a lawyer at the time, and later became a judge and rose to the position of associate chief justice of the Manitoba Court of Queen’s Bench.

The photos, some of which show Douglas nude and in bondage gear, ended up on the Internet. The Canadian Judicial Council has launched an inquiry into Douglas’ conduct, which could lead to her being removed from the bench.

The council committee held a preliminary hearing Saturday to determine, among other things, who will have standing once inquiry hearings begin later this year. Chapman urged the council members to give him a lawyer, saying he needed one to help him protect his rights.

The committee decided to schedule another hearing on Chapman’s request, but ordered that Chapman be given a lawyer for that hearing. A date has not been set yet for that hearing.

The inquiry hearings are scheduled to start June 25.

**THE CANADIAN PRESS**

## Traffic alert. Byng Place closed for reconstruction project on Tuesday

The start of a railway crossing reconstruction project will close Byng Place to traffic, the City of Winnipeg said on Friday.

At 6 a.m. on Tuesday, Byng Place west of Pembina Highway near the Jubilee overpass will be closed to both westbound and eastbound traffic.

Residents are urged to use Rockman Street to access Byng Place during the reconstruction, which is expected to last until 6 a.m. this Friday. Motor-

ists can also use Windermere Avenue as a west-east alternate route.

Winnipeg Transit customers should check winnipegtransit.com for detailed information on route changes. **METRO**

**Exclusively online**

For more local news visit [metronews.ca](http://metronews.ca)



## Two in the bush

Lt.-Gov. Philip S. Lee and Culture, Heritage and Tourism Minister Flor Marcelino planted two new Amber jubilee ninebark shrubs in front of the Queen Victoria statue at the legislative building Monday in honour of the Queen’s Diamond Jubilee. **SHANE GIBSON/METRO**

**Robbery**

### Man robbed after beer purchase

A 19-year-old is in stable condition after being robbed on Sunday.

Police said the man was pushed to the ground from behind after buying beer on Marion Street at about 1:30 a.m. Sunday.

The male suspect demanded his wallet — but not the alcohol — and ran.

The victim went to the hospital with upper-body injuries. **METRO**

**Robbery**

### Two sought in gas-bar robbery

Police are looking for two men, one armed with a large knife, after they robbed a gas bar.

Police said the men robbed a gas station of cash and smokes on Keewatin Street at about 7:40 p.m. Sunday. The 17-year-old clerk was not hurt.

Police are looking for a white male and an aboriginal male, both 18 to 20 and about six-foot-one with medium builds. **METRO**

**Stabbing**

### Man stabbed after getting off bus

A 19-year-old is in stable condition after being stabbed following a bus ride Sunday night.

Police said the man was on a bus when he got into an argument with three males.

He left the bus and the three suspects followed him.

He was stabbed near Portage Avenue and Garry Street. **METRO**

**Fires**

### Arson Strike Force probes fires

Two fires kept crews and the Arson Strike Force busy this long weekend.

The first fire happened on Sunday at about 7:35 a.m. at an Osborne Street apartment, causing \$10,000 in damage. Monday morning, firefighters were called to a garage fire on Manitoba Avenue. Damage for that blaze is estimated at \$15,000. No one was hurt in the fires. **METRO**



## NEWS

**On the web**

## Cheese producers suffer after Italy quake

Italian cheese producer Oriano Caretti woke up to shaking earth and then to the roar of some 30,000 wheels of Parmesan cheese crashing to the ground in the warehouse next to his home. The weekend earthquake in northern Italy caused enormous damage to the region’s cheese industry. See video of the damage at [metronews.ca](http://metronews.ca).

## Kid gets thrown in with the laundry

Turns out auto-lock on laundry machines really does work. A couple learned this the hard way after putting their toddler into a laundromat washing machine and shutting the kid inside (the child is now safely out of the machine). Watch the tape at [metronews.ca](http://metronews.ca).

**Mobile news**



**Want to sit next to friends or family on the plane this summer? Be prepared to pay a little extra. Scan the code to read about U.S. airlines reserving a growing number of window and aisle seats for passengers willing to pay a premium for the better seats.**

# NFL superstar honours kids for attendance

**Youth.** Chicago Bear Israel Idonije recognizes 40 students from Sister MacNamara School.

**DAVE BAXTER**  
winipeg@metronews.ca

Receiving an award for school attendance is a great honour for any elementary school student, but it's that much cooler when the award is being presented by an NFL superstar.

Chicago Bear DE Israel (Izzy) Idonije, along with Premier Greg Selinger, presented 40 students from Sister MacNamara School with attendance awards at the Victoria Inn, as part of the Israel Idonije First Down Program.

The program aims to "extend positive life-changing opportunities to families and individuals in economically disadvantaged communities."

Idonije said that despite becoming an NFL star, he has not forgotten his Manitoba roots, and that is why

## Website

For more information on the Israel Idonije Foundation go to [israelidonije.org](http://israelidonije.org).

he wants to help. He grew up in Brandon and played at the University of Manitoba.

"This has nothing to do with the NFL," said Idonije. "It has to do with remembering your journey to success and how you got there."

"It's important that you support the lives of those around you that need help."

Sister MacNamara guidance counsellor Michelle Namaka said the chance for kids to be honoured by Idonije has single-handedly raised attendance levels at the school.

"Him being here has encouraged kids 100 per cent," said Namaka. "We had kids that had 60 per cent attendance in the past few years that have gone up to 100 per cent this year."

Namaka said that Idonije connects well with kids because of his personality.

"He is fabulous. He is a big kid," she added.



Chicago Bear Israel (Izzy) Idonije receives a picture from Sister MacNamara School students. DAVE BAXTER/FOR METRO

# Safe Boating Awareness Week kicks off



Minister Jim Rondeau models a life jacket with Carl Shier and water-smart instructors Jon Sorowski, Cassandra Webster, Brandon Leverick and Matthew Parent. DAVE BAXTER/FOR METRO

Consumer Affairs Minister Jim Rondeau kicked off Safe Boating Awareness Week at the Forks Friday in an effort to get the message across to Manitobans that they should be safe while enjoying water sports this summer.

Carl Shier, the chief executive officer of the Manitoba chapter of the Lifesaving Society, says the main message they are trying to get across is that all citizens of Manitoba should wear a life jacket when boating.

"We lose so many people to

drowning each year, said Shier.

"Probably 10 of those incidents last year could have been saved with the wearing of a life jacket."

"It's that simple. Wearing a life jacket makes all the difference and can be the difference between life and death."

Shier says his wish is that there was enough common sense that the government did not have to regulate life-jacket use.

"We shouldn't have to tell you anymore. If boats are on the water, life jackets should

## By the numbers:

# 10

Number of lives that Carl Shier estimates could have been saved last year by wearing a life-jacket while engaging in water sports

be on."

Safe Boating Awareness Week will also see water-smart instructors do presentations for new Canadians on how to stay safe in the water.

Matthew Parent is one of these instructors and says that it is important to be pro-active when educating new Canadians.

"They are one of the highest at-risk demographics," said Parent.

"Either there is no large bodies of water where they come from or not enough education programs."

Safe Boating Awareness Week runs until Friday and more information can be found at [csbc.ca](http://csbc.ca)

DAVE BAXTER/FOR METRO

## Crime

### Cops on lookout for stabbing suspect

A 19-year-old male victim was found around 8:40 p.m. Friday in the 600 block of Main Street with stab wounds to his upper body.

The victim was taken

to hospital in critical condition where he was later upgraded to stable.

Police are looking for a single male suspect described as aboriginal, approximately 30 to 40 years of age, with short, curly hair and a goatee.

Anyone with information is asked to call police at 986-6668 or Crime Stoppers at 786-TIPS.

SHANE GIBSON/METRO

## Crime

### Victim upgraded to stable condition

Police were called to a stabbing around 2:50 a.m. Saturday near the 3000 block of Ness Avenue, where a 25-year-old male victim was found suffering stab wounds to his upper body.

The victim was taken to hospital in critical condition

and later upgraded to stable.

Police say the man was stabbed after an altercation with two males and a female whom he'd come in contact with at a nearby location. The first suspect is described as a white male, six-foot-one, roughly 165 pounds, skinny and bald. The second is a six-foot-three white male. The third is a white female with a thin build and brown hair.

SHANE GIBSON/METRO

## Suspicious incident

### Man tried to snatch child in North End

Winnipeg police are asking people to be on the lookout after a man tried to grab a 10-year-old girl on a North End street Friday morning.

The victim was near Magnus Avenue and McGregor Street around 8:50 a.m. when an unknown male

approached from behind and tried to take a hold of her arm.

The victim ran from the suspect and told an adult known to her. She was not injured in the incident.

The suspect is described as a white man with short, black straight hair, five-foot-10 to six feet tall. The suspect was driving a full-size sedan-style car.

SHANE GIBSON/METRO

# Chinese activist unable to aid those who helped him: Mentor

**Getaway.** Blind activist now in N.Y. after fleeing village where he was under house arrest for seven years

A blind Chinese activist who arrived in New York over the weekend is "seriously troubled" about three people now at the mercy of Chinese authorities for helping him, his mentor said Monday.

"This is what's very much on Chen's mind: His inability to provide protection to people

who were key in protecting him," New York University law professor Jerome Cohen, a mentor to Chen Guangcheng, told The Associated Press.

After Chen fled his village last month, his nephew was arrested and charged with intent to commit homicide — for stabbing and wounding attackers who were beating up the young man's parents, Cohen said.

Chen is asking Chinese authorities to release the nephew, Chen Kegui, who Cohen said is not allowed to speak to anyone while in police custody.

Kegui had "attempted to defend himself against thugs who

invaded his house and beat up his parents," Cohen said, adding that the action was in retaliation for Chen's departure "without warning or permission."

"This is standard stuff in his village," Cohen said. "This is what Chen was protesting."

Cohen told AP the dissident is also very concerned about what will happen to two others who helped him — a woman who drove his getaway van and a legal scholar who cared for Chen and who Cohen says is now under house arrest.

"I've known Chen a long time and I can see he's seriously

## In the U.S.

Law professor Jerome Cohen noted U.S. authorities are aware of Chen's concern for his inner circle in China. "We hope these cases can be solved in a fair and open manner," Cohen said.

troubled," Cohen said.

The woman, He Peihong, had never met Chen when she secretly drove to his village, picked him up in a van "and delivered him to Mr. Guo."

Yushan Guo, a Chinese



Blind Chinese legal activist Chen Guangcheng arrives with his wife, Yuan Weijing, at Washington Square Village on the campus of New York University on Saturday. Chen escaped in April from his village in China, where he had been under house arrest. LOUIS LANZANO/THE ASSOCIATED PRESS

academic, helped Chen when he got to Beijing. When Chen changed his mind about staying in China, Guo helped him put out a statement "that clarified what his thoughts were," Cohen said.

Guo was picked up by police, detained and interrogated, but was released.

"But now that Chen is away, they're going back and putting Guo under severe house arrest," Cohen said. THE ASSOCIATED PRESS

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# Canadian woman one of four to die descending Mount Everest

**150 climbers.** Brief window of good weather leads to traffic jam on the mountain Saturday

A Canadian woman has died pursuing her dream of scaling Mount Everest.

Shriya Shah-Klorfine, of Toronto, was among four people who died while descending from the summit Saturday in what are being described as overcrowded conditions.

"My wife was someone who lived life to its fullest, with irrepressible energy and vitality," her husband Bruce Klorfine said.

Shah-Klorfine was believed to be the first South Asian woman from Canada to try to raise the Canadian flag on Everest.

Born in Kathmandu, Nepal, Shah-Klorfine, 33,



Shriya Shah-Klorfine, right, died during her descent from Mount Everest. ABOVE: THE ASSOCIATED PRESS; RIGHT: FACEBOOK.COM



grew up in Mumbai, India, and moved to Canada to be with her husband.

Shah-Klorfine was on the board of the Conservative party's Toronto-Davenport riding association.

The climbers who died were believed to have suf-

fered exhaustion and altitude sickness. One other person, a Sherpa guide, was listed as missing Monday. The other victims were German doctor Eberhard Schaaf, South Korean Song Won-bin and Chinese climber Wang-yi Fa, 55.

THE CANADIAN PRESS

## Living life to the fullest

"She died in the pursuit of her dreams, and with the satisfaction of having achieved them." Shriya Shah-Klorfine's husband, Bruce Klorfine

## Italian quake kills 7

A magnitude-six earthquake shook northern Italy early Sunday, killing at least seven people and toppling some buildings.

The quake struck early Sunday morning between Modena and Mantova, about 35 kilometres north-northwest of Bologna.

Cheese producer Oriano Caretti woke up to the shaking earth, and then to the roar of 30,000 39-kilogram wheels of Parmesan cheese crashing to the ground in the warehouse next to his home.

The quake toppled centuries-old buildings and also caused enormous damage to the region's world-renowned cheese production.

The Coldiretti Italian farm lobby said 400,000 wheels of Parmesan and Grana Padano cheese were damaged when the racks where they are aged collapsed.

Total agriculture losses, including lost cheese, felled livestock and damaged machinery in an area spanning Bologna, Modena and Mantova in the agriculturally rich Po River Valley, are estimated at \$200 million US.

In all, some 10 collective Parmesan-aging warehouse and cheese-production sites have sustained damage in the quake, affecting 300,000 wheels, half of which are estimated to be at least a partial loss.



Oriano Caretti looks at overturned shelves of Parmesan.

LUCA BRUNO/THE ASSOCIATED PRESS

## Damaged

**400,000**

A farm lobby group says that's how many wheels of Parmesan and Grana Padano cheese were damaged in the quake.

"Considering that what you see here represents the work of seven companies for two years, this means that the repercussions on the rural economy of these farms and this territory will feel it pretty badly," Caretti said Monday inside the cheese factory.

Many of the wheels looked unscathed, but workers were still trying to determine what could be salvaged before mould sets in.

The quake struck when most residents were asleep — and residential buildings in an area unaccustomed to quakes largely withstood the tremor.

But factories in the region were at work despite the economic crisis that has sent Italy into recession.

Four of the seven dead were workers on the overnight shift who were buried in rubble. The other three victims died of heart attacks and health conditions brought on by fear.

Many of the region's landmarks also suffered considerable damage, including the city hall of Sant'Agostino.

The last big quake to hit the region was in the 1300s.

THE ASSOCIATED PRESS

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# Royal tour starts with some recollection and reflection

**Quick trip.** Prince Charles remembers time in New Brunswick before couple takes off for Toronto

The royal couple kicked off their Canadian tour Monday in New Brunswick, where Prince Charles recalled his time training as a military pilot, extolled the virtues of service and in a scene reminiscent of his son's visit last year, played a pick-up game of street hockey.

But unlike Prince William, Charles scored.

It was an unconventional kickoff for the couple's whirlwind visit — Charles's 16th to Canada — which began in earnest at Canadian Forces Base Gagetown, where he flew as a naval helicopter pilot in the 1970s "at an exercise area in the middle of nowhere," drawing a smattering of laugh-

## Itinerary

- On Tuesday, the Ontario government will host a reception in the historic Distillery District for the royal couple before Charles visits a centre for street kids.
- They will leave Toronto on Tuesday evening for Regina.

ter from a crowd of about 800.

He also praised those who devote their time serving their communities — a prominent theme of the couple's visit as part of the Queen's Diamond Jubilee celebrations this year.

"I can only hope their example will inspire others as it inspires me," Charles said. He also met with families of military personnel who have died.

THE CANADIAN PRESS



Prince Charles and his wife, Camilla, the Duchess of Cornwall, sample maple syrup as they tour Saint John, N.B., on Monday. The royal couple is on a four-day Canadian tour with stops in New Brunswick, Ontario and Saskatchewan to mark the Queen's Diamond Jubilee. ANDREW VAUGHAN/THE CANADIAN PRESS

## Halifax fire

### Blaze forces evacuations

About 100 homes were evacuated Monday in Halifax after a brush fire erupted in a wooded area, leaving a dark cloud of smoke that could be seen kilometres away.

The province's Natural Resources Department dispatched two helicopters to make water drops as crews battled to extinguish the fire into the evening.

"All those things put together have created a much more favourable circumstance than what we had earlier," Dave Meldrum, a spokesman for Halifax Regional Fire and Emergency, said.

Meldrum said the cause of the fire is not yet known, but he added that the windy and unusually warm weather may have played a role.

"What we know for sure, the weather conditions (Monday) contributed to the rate of fire spread," Meldrum said. "But we don't know what may have caused the fire."

The fire comes three years after one that broke out in a nearby area of the city that forced the evacuation of 1,100 people and razed eight homes.

THE CANADIAN PRESS

## Board rejects clemency for Canadian on death row

A Canadian on death row in Montana for killing two men 30 years ago was dealt a major blow Monday in his bid to avoid execution, after the state's board of pardons and parole recommended Ronald Smith be denied clemency.

Montana Gov. Brian Schweitzer will now decide if Smith — who is seeking life in prison without the possibility of parole — lives or dies.

"It's not a surprise at all. Even though they made a big to-do about it, this report just

shows the way the state of Montana has been all along," Smith's longtime lawyer Don Vernay said in a telephone interview with The Canadian Press.

"It's always been they're going to kill this guy because for them to do an investigation in the manner they did shows they don't care."

A report done by staff at the Montana Board of Pardons and Parole, obtained prior to the clemency hearing, strongly recommended

against granting Smith mercy. The board's final decision followed suit.

"It is the unanimous decision of the board to recommend that the governor of the State of Montana should not grant Ronald Allen Smith the extraordinary remedy of clemency," the panel wrote.

The decision by the three-member board was unanimous.

The recommendation is not binding.

THE CANADIAN PRESS



### Man survives falls plunge

Emergency personnel rescue a man who plunged over Niagara Falls and survived in an apparent suicide attempt Monday. The man is only the third person known to have gone over without a safety device and live. A waiting helicopter flew him to a nearby hospital, where a spokeswoman says he has critical, but non-life-threatening injuries.

HARRY ROSSETANI/THE ASSOCIATED PRESS



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# No Canadian boots on Afghan soil after 2014, Harper says

**Afghanistan.** 'If you asked me frankly, would I wish it was earlier, I would say yes,' said PM at NATO summit

Canada's military involvement in Afghanistan will come to a firm end in March 2014, the prime minister said Monday at the close of the NATO summit.

Though Canada will continue to financially support the Afghan army, there will be no boots on the ground once the NATO-led mission there comes to a close, Stephen Harper said. "The time has come," Harper said. "All the benchmarks, all the milestones are being met to make this possible."

The announcement came as NATO and its partner nations formally agreed that Afghan security forces would take control of any combat next summer with NATO sliding into a support role until 2014.

They expressed confidence in the ability of Afghan secur-

## Security

### \$4.1B

It is estimated that it will cost \$4.1 billion a year for Afghanistan to run its security forces once the NATO-led coalition pulls out in 2014.

ity forces to take the lead a year earlier than originally planned.

"Transition means the people of Afghanistan increasingly see their own army and police in their towns and villages," NATO Secretary General Anders Fogh Rasmussen said.

"This is an important sign of progress toward our shared goal: An Afghanistan governed and secured by Afghans."

The arc of Harper's views on Afghanistan might have been summed in his body language as he and other NATO leaders began their final day of meetings. Harper was once the strongest proponent of the war in Afghanistan, but at the meeting he rocked back and forth in his chair and didn't even bother to stifle a yawn.

THE CANADIAN PRESS



Prime Minister Stephen Harper sits in front of ministers Peter MacKay, left, and John Baird. SEAN KILPATRICK/THE CANADIAN PRESS

## Albania. 12 dead after bus falls off mountain cliff

A bus carrying university students on a pre-graduation trip toppled off a mountain cliff in southern Albania on Monday, killing 12 people and injuring another 21, authorities said.

University officials said two buses had been taking 75 third-year language and literature students and three professors from Aleksander Xhuvani University in Elbasan on a trip to

the southern city of Saranda.

One bus carrying 33 people fell 80 metres off the road near the town of Himare, 220 kilometres south of the capital, Tirana, police spokeswoman Klejda Plangarica said.

Albanian media quoted one of the passengers and a resident near the crash site as saying the bus had been going very fast.

THE ASSOCIATED PRESS



The bus that was carrying university students lies at the bottom of a cliff near Himare in southern Albania. THE ASSOCIATED PRESS

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# Conservatives remain quiet about Russian spy scandal

The Harper government had a host of military and possibly commercial reasons for not blaming and shaming Russia in the aftermath of an embarrassing spy scandal involving a junior intelligence officer, a series of internal briefings suggest.

The case of Sub-Lt. Jeffrey Delisle, which exploded across the front pages in January, has largely disappeared into a black hole of secrecy and court-ordered silence.

The Wall Street Journal recently quoted U.S. intelligence sources saying Delisle's breach in communications secrets was roughly as big in volume as the notorious U.S. data loss to WikiLeaks.

Yet, the Harper government has remained mute,



Sub-Lt. Jeffrey Paul Delisle  
THE CANADIAN PRESS

even in the face of suggestions the case caused a major rift with Washington.

Several sources within the government and the military say there was a vigorous debate within the halls of power about whether to call out the former Cold War adversary over Delisle, whose case has been adjourned until June 13 while his lawyer awaits security-washed documents.

A small cadre of cabinet ministers, notably Defence Minister Peter MacKay, argued for a measured, nuanced response to the crisis, which continues to have the potential to cause serious strains among allies, said the sources.

The Conservatives have previously shown no hesitation to paint Moscow unflatteringly, especially when it comes to justifying their military build-up in the Arctic.

But to alienate Russia over the alleged betrayal by a navy sub-lieutenant, potentially setting off tit-for-tat diplomatic expulsions, had more downsides than upsides, sources and briefing documents suggest.

THE CANADIAN PRESS

## New Jersey

### Two Canadian women fatally stabbed in botched robbery

Two Canadian women were fatally stabbed Monday during a botched robbery in a southern New Jersey resort community.

The victims, ages 47 and 80, were both stabbed multiple times in the upper body. Both died a short time after at a hospital.

Sgt. Monica McMenamin, an Atlantic City police spokeswoman, said Antoinette Pelzer, 44, was arrested around 10 a.m., just moments after the robbery occurred.

Pelzer initially was charged with two counts of aggravated assault and weapons offences. But Atlantic County prosecutor Ted Housel said she would likely face more serious charges following the victims' deaths.

Housel said a city police officer who happened to be patrolling in the area witnessed the stabbing and quickly subdued Pelzer at gunpoint on a block not far from the city's casino district.

THE ASSOCIATED PRESS

## U.S.

### Soldier stands trial for alleged bomb plot

A soldier accused of planning to bomb American troops stationed at Fort Hood wore a mask in court for the first time Monday as jury selection began in his federal trial.

Pfc. Naser Jason Abdo has been accused of biting through his lip and spitting blood on a deputy U.S. marshal and a sheriff's deputy who were escorting him after a court hearing last month.

THE ASSOCIATED PRESS

## London 2012

### Olympic flame briefly snuffed out

The Olympic torch was briefly snuffed out Monday during the relay leading up to the London 2012 Games.

The torch was attached to the side of Parabadminton player David Follett's wheelchair in the western England town of Great Torrington when the flame went out.

London Olympic organizers blamed the incident on a malfunctioning burner.

THE ASSOCIATED PRESS

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# Facebook stock sinks below IPO price on Day 2

## Social network.

Website loses nearly \$10 billion of its market value

Facebook's stock tumbled well below its \$38 US IPO price in the social network's second day of trading as a public company on Monday.

By late afternoon, Facebook's stock was at \$34.26, down 10.4 per cent from Friday's closing price of \$38.23. The company lost nearly \$10 billion of its market value, and is now worth around \$96 billion, about \$2 billion below Amazon.com Inc.

"There must have been some sober second thoughts about this," said Brian Wieser, an analyst at Pivotal Research Group who was first to come out with a "Sell" rating on Facebook's stock on Friday.

### Opening day

Facebook's market debut Friday suffered some hiccups.

- Trading on the Nasdaq was delayed for a half-hour due to issues with traders' orders.
- Although many hoped for a big first day, Facebook's stock opened Friday at \$42.05 US and fluctuated between \$45 and \$38 throughout the day before closing at \$38.23.

book's stock on Friday.

It's not that he thinks the world's largest online social network is a bad investment. But at \$38 per share, it's just too expensive considering the risks associated with Facebook's brief history and unproven ad-

vertising model, he says. His fair price, or "target price," is \$30.

Initial public offerings are a delicate game of supply and demand. The investment banks orchestrating the transaction, the deal's underwriters, work with the company to decide how much stock to sell and at what price.

In Facebook's case, says Michael Pachter, an analyst with Wedbush Securities, the "underwriters gave FB poor advice, and allowed them to sell too much stock, then didn't properly sell the deal."

Investors and technology-industry watchers are closely tracking the Menlo Park, Calif.-based company's shares. Facebook's initial public stock offering was one of the most anticipated ever, and now serves as a bellwether for other social-media companies.

THE ASSOCIATED PRESS



## Status update: Married

Facebook founder and CEO Mark Zuckerberg and Priscilla Chan got married in Palo Alto, Calif., Saturday. The ceremony took place in Zuckerberg's backyard before fewer than 100 guests, who all thought they were there to celebrate Chan's graduation. THE ASSOCIATED PRESS

### Private spacecraft

## Three, two ... wait

Private rocket-maker SpaceX is shooting for a Tuesday liftoff after fixing the engine problem that led to an aborted launch over the weekend.

The U.S. company is the first private business to attempt to launch a spacecraft with supplies to the International Space Station.

Forecasters say there's an 80 per cent chance the weather in Cape Canaveral will co-operate.

THE ASSOCIATED PRESS

### Market Minute

DOLLAR Closed

TSX Closed

OIL \$92.57 US (+\$1.09)

GOLD \$1,588.70 US (-\$3.20)

Natural gas: \$2.72 US (-1.8¢)  
Dow Jones: 12,504.48 (+135.10)

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# AVAILABLE IMMEDIATELY: ONE DESPERATE COTTAGE GUEST



**SHE SAYS...**  
Jessica Napier  
metronews.ca/shesays

With the Victoria Day long weekend behind us, the summer season has officially begun. City dwellers delight in the mass exodus that takes place each sun-filled weekend as urbanites

pack up their coolers and head out of town. As a national pastime, cottaging (a uniquely Canadian verb) is on par with wearing plaid shirts and truly believing that this is the year that our team will bring home the Stanley Cup.

I was never one of those fortunate people whose parents invested in a piece of summer property — yes, I know #first-worldproblem. Consequently, I've had to make some strategic moves to expand my social circle so that I might have a chance to experience the great outdoors while still enjoying the luxuries of indoor plumbing.

A few years ago, I was unreasonably disappointed when my good friend broke up with her long-time boyfriend whose family owned 3,000 square feet of lakefront paradise and not one, but two boats. Sure they were never meant to last, but couldn't she have waited until after Thanksgiving? He had a water trampoline for crying out loud.

Over time, as friends have moved on and moved away, I've found the number of annual cottage invites dwindling. And so, I'm going to take this opportunity to make a case for myself as the BEST cottage guest you never asked for.

First of all, I have already assembled what I imagine to be the ultimate summer 2012 music playlist. You won't have to go through the hassle of finding the perfect ratio of party anthems to mid-afternoon nap jams. But if you just want to listen to Call Me Maybe on repeat I'm also totally OK with that.

I have spent years acquiring Canadiana-inspired outfits to wear for all sorts of cabin-in-the-woods-themed weekends. My wardrobe is starting to look like a Hudson's Bay Co. catalogue.

I'll happily spend the afternoon running to and from the beer fridge to ensure that all cottage-goers are staying properly hydrated. And when the rain clouds roll in, I have you covered with a seriously large collection of board games. Twister, Scattergories, Taboo, Scrabble ... boredom is not an option when I come to visit.

Finally, I deserve a getaway. A family of skunks — yes, skunks — recently took up residence underneath the house I live in. And since I'm in a basement apartment, this essentially means I have Pepe Le Pew and friends living in the wall behind my couch.

So if you've got a deck chair to spare this summer, I could use a weekend escape.

## Cottage, anyone?

Over time, as friends have moved on and moved away, I've found the number of annual cottage invites dwindling. And so, I'm going to take this opportunity to make a case for myself as the BEST cottage guest you never asked for.

# Not quite a total eclipse



MICHAEL CHOW/THE ARIZONA REPUBLIC/THE ASSOCIATED PRESS

## Rare occurrence

### When sun and moon align

Hikers watch an annular eclipse from Papago Park in Phoenix on Sunday.

The annular eclipse, in which the moon passes in front of the sun leaving only a golden ring around its edges, was visible to wide areas across China, Japan and elsewhere in the region before moving across the Pacific to be seen in parts of the western United States late Sunday afternoon.

THE ASSOCIATED PRESS

## Astronomy 101

### 14,000

The eclipse followed a narrow 14,000-kilometre path for 3 1/2 hours. The ring phenomenon lasted about five minutes, depending on the location. People outside the narrow band for prime viewing saw a partial eclipse.

## In Japan

### Even lemurs react to marvellous sight

A Japanese zoo said the eclipse made lemurs believe it was evening.

Some 20 lemurs at the Japan Monkey Center in central Japan skipped breakfast, climbed up and jumped between trees and poles, a typical evening behaviour, according to the zoo. They returned to normal after the eclipse.

"They must be reacting to the eclipse," zoo director Akira Kato told public broadcaster NHK.

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## Enjoy responsibly

- 'Ring of fire' eclipses are not as dramatic as a total eclipse, when the disc of the sun is entirely blocked by the moon. The moon is too far from Earth and appears too small in the sky to blot out the sun completely.
- Doctors and education officials have warned of eye injuries from improper viewing. Before the event started, Japan's education minister demonstrated how to use eclipse glasses in a televised news conference.

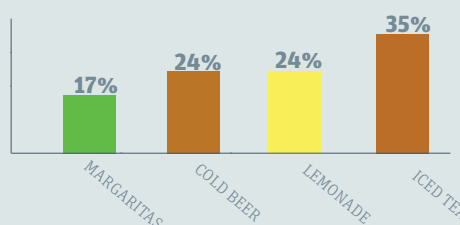


Use the buddy system if you have a cottage, please. ISTOCK



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

With the warm weather on its way, what's your favourite summer drink?



## Twitter

**@lekanolatunde:** Victoria day in Canada, Winnipeg is like a city in dreamland with no activities at 9am

**@sarahjessdawn:** Why can't I just sleep all day :(

**@MeatyVitaminE:** Sitting. Drinking a coffee and watching the waves on lake winnipeg. Great way to end a great long weekend! #perfect

**@alilyncoo:** I've opened the fridge like ten times and still, nothing new and delicious has appeared. #whatisthis #homealoneproblems

**@TypeACubed:** My Grama calls me just to tell me who has called her. General Grama behavior or just mine?

**@adhocken:** I'm going to get a tattoo on my side that says "Why are you looking here"

DVD reviews



## The Woman in Black

Director. James Watkins

Stars. Daniel Radcliffe, Janet McTeer

The Woman in Black is a haunted-house shocker set in the late 19th century in a remote Yorkshire village where the frights are foremost, and the acting of its star, Harry Potter's Daniel Radcliffe, is almost beside the point. You could hardly find a more scream-tested story. Based on Susan Hill's 1983 novel about a phantom woman killing children to avenge the loss of her son, the tale has also been told on stage, radio and in a TV movie. Radcliffe, playing London solicitor Arthur Kipps, must travel to Eel Marsh House, a dwelling so remote it is accessible by horse-drawn cart — and then only when the tide is out. Of course he must stay several nights at the eerie place, ignoring the ghost stories he's heard. Turns out he heard right: at Eel Marsh, Kipps doesn't just see dead people, he's practically stampeded by them, especially in the film's later reels, when The Woman in Black ends up a multi-generational horror show. Extras include a commentary with Watkins and Jane Goldman and two making-of featurettes.

PETER HOWELL

## The Grey

Director. Joe Carnahan

Stars. Liam Neeson, Dermot Mulroney, Frank Grillo

As the security chief of a remote Alaskan oil-drilling complex, the job of Ottaway (Liam Neeson) is to hunt and kill the rapacious wolves threatening workers. The Grey's plot starts when Ottaway and his team must fly to Anchorage and disaster intervenes. After one of the most realistic — and frightening — air crashes ever committed to film, Ottaway jolts out of a snowbank to find himself surrounded by bits of burning jet and a handful of fellow survivors. They've fallen into the domain of the grey wolf. The Grey ends with a thought open to interpretation. Stick around for the credit rolls.

PETER HOWELL



Josh Brolin plays a young Tommy Lee Jones in Men in Black 3. HANDOUT

# Hey Brolin, what's a flux capacitor?

**Pop quiz.** Metro puts Men in Black 3 star Josh Brolin to the test, quizzing him on his knowledge of time travel — Hollywood style

NED EHRBAR

Metro World News in Hollywood

Josh Brolin knew he was taking on a challenge when he signed on to play a younger version of Tommy Lee Jones in the time-travel-themed Men in Black 3. But how ready was he for the challenge of Metro's Time Travel Pop Quiz? Read on to find out.

**First of all, how many gigawatts are required to energize the flux capacitor?**  
Um... 360,000?

**Nope, 1.21.**

I'm glad I got that so wrong (laughs).

**While time-traveling, can you interact with your past or future self, or would that cause a catastrophic event?**

It would cause a catastrophic event. But Boris the Animal

does (in Men in Black 3). I just know that time travel as is understood by Hollywood and their storytelling has been if you in any way affect the past that you go into, that it always has a negative effect on the future. That's what I've been told, at least.

**Speaking of, say you travel back in time and you arrive standing alone in front of a young Adolf Hitler. What do you do?**

Befriend. That'd be the best way to get in there, and then you can detour him. Befriend and detour.

**What kind of adventure did Bill and Ted have?**

An excellent one. When I met Keanu Reeves, that was the first thing I said. I was like, "Bill and Ted, right on dude!" I did SNL recently and we did The Californians, and I think that was what I did, some version of guys I grew up with and Keanu Reeves in that movie. It's funny because they came up to me during rehearsal and were like, "We'd like you to do more of a California voice." And I said, "Dude, honestly, being from California I'm doing the only voice that's California. Everybody else is doing the funny

version. I think I'm just doing the accurate version.

**In Terminator, is Arnold Schwarzenegger a cyborg, an alien or a wacky twin?**

A cyborg, of course. But a different type of cyborg is Robert Patrick in number two, right? What's it called?

**The T-1000.**

The T-1000. Very good, man. You know your stuff.

**OK, you can only make one time-travel trip. Would you rather go forward or backward?**

Wow. That's a great question. And I only have one choice. Forward, for sure. Selfishly, I'd like to backwards because there's a lot of people that I would love to meet, you know? A lot of writers, obviously a lot of very important people from your Jesuses to your Mahatma Gandhis to the obvious. But if you go forward you can see what actually is the consequence of what we're doing now, come back and actually have proof that will happen if we don't change. But then everyone will think you're crazy, of course. And then you have to deal with that, but I already have to deal with that anyway, so that's really par for

the course for me (laughs).

**Which movie, in your opinion, gets time travel the most right?**

God, man. Time Bandits by Terry Gilliam was probably my favorite time travel movie that I've seen, just because it was so fantastical, and Terry Gilliam is such a brilliant director. Like Brazil and Fear and Loathing, the lenses that he uses are so warped and all that. It's brilliant. I like that movie a lot.

**A lot of people say Back to the Future.**

To me, Time Bandits was a different level of it. Back to the Future is fun and kind of like, (in a Valley Girl voice) "Oh my god, it's so much fun! He's skateboarding and it's a rocket! Oh my god!" (laughs) I haven't seen Time Bandits in a while, I need to watch it again.

**I'll give you a chance to redeem yourself on the gigawatts question if you can tell me how fast the DeLorean in Back to the Future has to go to travel through time.**

Oh God, I know this. Sixty-five?

**Eighty-eight.**

F—I wouldn't get very far.

# 2

## SCENE

### Box office

## Avengers still has muscle

The Avengers continues to muscle out everything else Hollywood throws at it, easily sinking naval rival Battleship and other new releases. With \$55.1 million domestically, Disney's superhero sensation remained No. 1 for a third-straight weekend and took in more than the three big newcomers combined. Overseas, The Avengers added an additional \$56 million. The film is approaching the \$1.2 billion mark worldwide, totalling \$457.1 million domestically and \$723.3 million internationally. "The Avengers is dominating the marketplace so profoundly that the newcomers are having a tough time breaking in now," said Paul Dergarabedian, analyst for box-office tracker Hollywood.com. Universal's Battleship opened a distant No. 2 with \$25.4 million domestically, well below industry expectations. But the board-game adaptation starring Liam Neeson, Taylor Kitsch and Rihanna already has grossed \$226.8 million overseas since launching in April, giving it a worldwide total of \$252.1 million. Sacha Baron Cohen's comedy The Dictator, in which he plays a tyrannical third-world leader, debuted in third-place with \$17.4 million for the weekend. Since opening Wednesday, the Paramount release has taken in \$24.5 million.

THE ASSOCIATED PRESS

### On the web



Forrest Gump actor Gary Sinise holding Va concert to raise money for wounded vet's home



Katy Perry ALL PHOTOS GETTY IMAGES

## The one that got away: Katy Perry sings about marriage breakup

While Katy Perry's last big breakup hit, *Part of Me*, proved to have been written before her marriage to, and split from, Russell Brand, sources say her latest single, *Wide Awake*, is most certainly about her 14-month marriage to the British comedian, according to *People* magazine.

"I wish I knew then what I know now," Perry sings on the track. "Wouldn't dive in, wouldn't bow down."

### Quoted

**"I wish I knew then what I know now."**

**Katy Perry**  
Lyrics from her latest single, *Wide Awake*.

Seems pretty fitting.

"It's obviously about Russell," a source says. Perry hasn't commented on the inspiration for the track.



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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Justin Bieber goes gaga for Selena Gomez's costar?

**THE WORD**  
Monica Weymouth  
scene@metronews.ca

"Thank you for the time I had with you but I have to move on now," Justin Bieber posted to his account. This comes after rumours that when visiting the set of girlfriend Selena Gomez's new movie, *Spring Breakers*, he fell for her nearly identical costar, Vanessa Hudgens (better known in this column as Zac Efron's unworthy ex).

For her part, Gomez

closed her Instagram account, then took to Facebook with a photo of herself at a shooting range with the ominous caption, "Released some stress today." Twitter, Instagram, Facebook: are you following this? Forget that these two are famous — it's nearly impossible for any teenager to get dumped with a little dignity these days. We never thought we'd say this, but long live the days of dial-up AOL in your parents' dining room.

### Call in the Army

After Van Halen cancelled the remainder of their tour on Friday, tribute band Van Halen's Army offered to step in. "They have an obligation to fulfill ... somebody signs up to do the job they should complete it," a guitarist identified as Joe tells TMZ.



Robin Gibb

## Bee Gees singer Robin Gibb passes away

Less than a week after the passing of Donna Summer, another titan of disco is gone. "The family of Robin Gibb, of the Bee Gees, announce with great sadness that Robin passed away today following his long battle with cancer and intestinal

surgery," a rep confirmed to *Us Weekly* in a statement. "The family have asked that their privacy is respected at this very difficult time." Gibb, who had been battling cancer for years, fell into a coma last month but recovered.



Tara Reid

## Tara Reid parties it up in Cannes

Despite her efforts to present a cleaned up and mature image while promoting *American Reunion*, Tara Reid seems to be up to her old tricks. The troubled actress has been living it up in Cannes this weekend, where she was spotted looking worse for

the wear while hurrying from one night club to another in the wee hours, according to the *Daily Mail*. Reid remains unapologetic about her penchant for celebrating. "It's not like going out and getting drunk is a crime, lots of people do it," she tells the U.K.'s *Loaded* magazine.

### Twitter



**@SteveCarell**

For breakfast, my son ate: a chocolate chip waffle, a scoop of peanut butter, and a meatball. #Fatheroftheyear



**@AlbertBrooks**

Was in the desert for two days with no computer, tv, or anything. Just nature. Nature looks fatter in person.



**@rosie**

Reading OK mag 4 the first time - kinda shocked at how many people I do not know



**@SteveMartinToGo**

IMPORTANT ANNOUNCEMENT: A thing that will be something soon, coming, I'm sure, in the future, at some point.

# Post-travel yoga

**Need a vacation after your vacation?** Here's an easy yoga sequence to ease travel-related stress, doable in a hotel room, at home or anywhere.

**ROMINA MCGUINNESS**  
Metro World News in London, U.K.

A long journey can leave you feeling disorientated, stiff and groggy. You feel so rubbish you wonder why you bothered leaving in the first place.

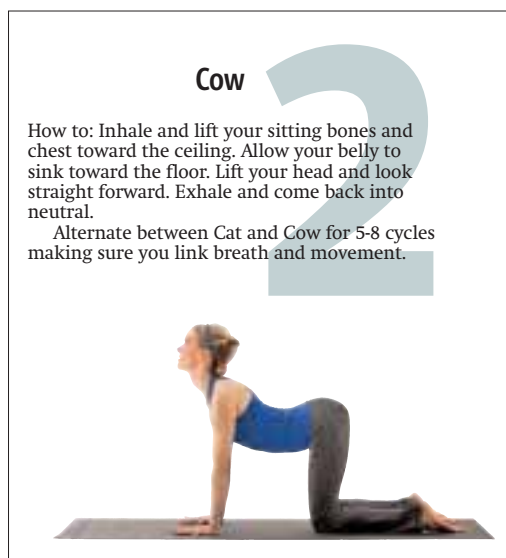
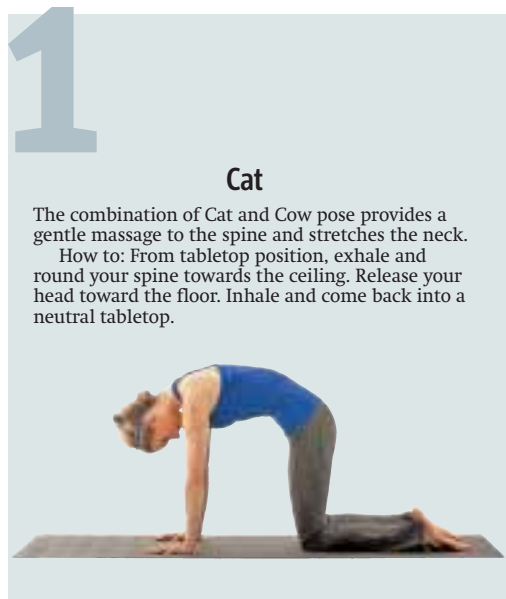
Stop whining and get moving. Yoga can be done anywhere, any time, so rather than suppress a yawn, do this simple sequence in your hotel room to boost your energy levels and restore core strength.

The poses will get your blood circulation going and help open up tight hips, backs, necks and shoulders, all of which get cramped when travelling, says yoga instructor Kristin McGee, who trains comedienne Tina Fey.

## Quote

**"Downward dog inversions will revive your brain and relieve you from back pain and insomnia."**

McGee



# Get your exergaming face on

**Exercise craze.** Giving your thumbs and your bum a workout—pilot study looks at the success of exergaming

**CELIA MILNE**  
life@metronews.ca

There's exercise. And there's gaming. And now there's exergaming.

A Canadian pilot study has found blending video games with stationary biking is a great way to meet fitness goals.

"Yes, activity is good for us...but if we don't enjoy it, we simply won't stick with it. Exergaming is a great tool because it is highly enjoyable," says Dr. Melanie Keats (PhD), lead author of the study.

Keats, an assistant professor at Dalhousie University in Halifax, and colleagues divided a small group of university students into those

who used exercise bikes and followed a cycle training program, and those who used exercise bikes and played video games.

Both groups were asked to cycle for 30 minutes twice a week for six weeks.

Results showed the exergaming people were more likely to attend their exercise sessions, worked harder and improved their fitness levels more than those who used the cycle training program.

Many gyms now have exergaming cycles and rowing

machines. Some of these systems connect to online resources and social media such as Facebook and Twitter so that you can track your progress, set up virtual groups and compete against your friends and other participants locally, nationally and around the world.

Keats' advice to those who want to exercise more but lack motivation? "Find something that you enjoy. Try new things, keep mixing things up, and involve your friends and family!"



# 3

**LIFE**

## Heart issues

**Men are more immune to mental stress**

Women are more likely to suffer heart trouble following an emotional episode than men, claim scientists from the Penn State College of Medicine. They found that while mental stress increased coronary blood flow in men, it caused no change in women, potentially putting women at a greater risk of developing heart problems.

METRO WORLD NEWS

**Bad trip**

Want to rant or rave about your travel experiences, whether it's sloppy in-flight food or smelly toilets? Go to [www.airlikes.com](http://www.airlikes.com) to share your experiences about the airlines and airports you've loved or hated.

METRO WORLD NEWS

## On the web



**In France, autistic kids get psychotherapy; critics slam approach as outdated, unscientific**

## Hot Bites. Spicy salsa, rice and cheese nibbles have flavour of nachos



1. In a large bowl, combine rice and cheese; set aside.

2. In another bowl, beat eggs until well blended. Stir in salsa, sour cream, salt and pepper. Add salsa mixture to rice and cheese; mix well.

3. Spray miniature muffin pans with vegetable cooking spray. Spoon about 22 ml (1 1/2 tbsp) of rice mixture into each cup, filling to just below the rim. Sprinkle crushed chips over filling, pressing slightly with back of spoon.

4. Bake in 180 C (350 F) oven for 15 to 20 minutes or until lightly browned. Serve warm with additional salsa and sour cream, if using. **THE CANADIAN**

PRESS/ RICEINFO.COM/ ADAPTED BY  
EMILY RICHARDS (PROFESSIONAL HOME  
ECONOMIST, COOKBOOK AUTHOR, TV  
CELEBRITY CHEF. FOR MORE, VISIT  
EMILYRICHARDSCOOKS.CA)

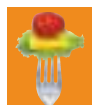
### Ingredients

- 750 ml (3 cups) cooked brown rice
- 250 ml (1 cup) shredded pepper jack cheese
- 4 eggs
- 1 jar (500 ml/16 oz) medium thick and chunky salsa
- 125 ml (1/2 cup) sour cream
- 2 ml (1/2 tsp) salt, pepper
- 175 ml (3/4 cup) crushed corn tortilla chips
- Additional salsa and sour cream, for garnish

# Wunderbar fare resides at Gasthaus Gutenberg



Veal wiener schnitzel with spaetzle and sauerkraut. SVJETLANA MLINAREVIC



**LUNCH  
RUSH**  
Svjetlana Mlinarevic  
life@metronews.ca

When I entered Gasthaus Gutenberg, I felt like I had left Winnipeg and stepped into Bavaria. Wooden fur-

niture, vignettes of monks making beer and the German hinterland combined with volksmusik on the intercom and my cheerful Bavarian server, all transported me to Deutschland.

Ravenous, I ordered the veal Wiener Schnitzel (\$16.95) garnished with lemon, capers

and parsley with a side order of homemade spaetzle and sauerkraut. My schnitzel was tender, crisp and spiced with a good dusting of pepper. By combining the schnitzel with the tangy smokiness of the bacon-speckled sauerkraut and the buttery softness of the spaetzle, I found myself

in heaven. The one small critique I would have is that the cook forgot to add the capers.

I finished my meal with a crispy Apple Strudel (\$5.95) flecked with rum soaked raisins and a crème anglaise on the side.

I thoroughly enjoyed this restaurant and recommend it to anyone wishing to try authentic German cuisine.

### Visiting the restaurant

**Gasthaus Gutenberg**

**Address.** 2583 Portage Ave.

**Phone.** 888-3133

**Website.** gasthausgutenberg.com

**Rating.** 4.5/5

**Price range.** \$5.95 - \$36.95

**Lunch with co-workers.** Yes

**Social lunch.** Yes

**Quick solo lunch.** Yes

# Comforting simplicity of Southern faves

These Shrimp and Grits with Spinach and Tomatoes are inspired by a recipe from Nathalie Dupree, cookbook author and Southern entertainer extraordinaire.

1. In 4-quart Dutch oven over medium-high, combine water and butter. Bring to a boil, then add grits, stirring as you do so.

2. Return to boil, then reduce heat to low to maintain a simmer. Cook, alternating with lid on and off, 40 minutes, or until soft but not mushy. If they get too stiff, add milk or water.

### Ingredients

- 3 cups water
- 2 tbsp unsalted butter
- 1 cup corn grits
- Half of a 5.2-ounce wheel of Boursin cheese
- 1/2 cup grated sharp cheddar cheese
- 1/2 to 1 tsp kosher salt
- 1/2 tsp ground black pepper
- 1 lb raw shrimp, peeled and deveined
- 3 cups baby spinach
- 1/2 cup grape tomatoes, halved
- Parmesan cheese



This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Should be loose and creamy.

3. Stir in the Boursin and cheddar cheeses, and the salt and pepper. Add the shrimp, stir and let simmer until cooked through, about 4 minutes.

4. Just before serving, stir in

spinach and let wilt 2 minutes. Garnish with the tomatoes and a generous amount of grated Parmesan. **THE ASSOCIATED PRESS/ ELIZABETH KARMEL (GRILLING AND SOUTHERN FOODS EXPERT AND EXECUTIVE CHEF AT HILL COUNTRY BAR-BECUE MARKET RESTAURANTS AND HILL COUNTRY CHICKEN IN U.S.)**



## Homestyle Breakfasts

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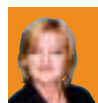


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# What to do when someone 'shows you the money'

**Financial windfall.** It's not a dilemma we often have but sometimes a pile of cash comes your way. So what should you do with it?



**YOUR MONEY**  
 Alison Griffiths  
 money@metronews.ca  
 Twitter: @alisononmoney

"A divorce," once noted Margaret Atwood, "is like an amputation: you survive it, but there's less of you." This usually means financially too.

But a friend of a colleague here at Metro, is exiting her marriage with a slightly fatter wallet, \$20,000 to be exact. And now she's wonder-

ing what to do with it.

Confession. After my own divorce eons ago I bought a red telephone and a sexy green Karmann Ghia. However, with the wisdom of time at my disposal, I'd suggest something different.

First of all, take a breath; park the \$20,000 in a short term GIC or high interest savings account for at least a couple of months until the emotional dust settles a bit.

Second, after a windfall of any kind, ask the question, "Who are you?" Spending, saving and investing is entirely dependent on your personality and situation.

A young, safely employed, debt-less divorcee with no kids could justify a fab trip, a killer new wardrobe or cool wheels.

## Alison's money rule

**Financial windfalls are rare. Treasure them and be slow to make spending decisions.**

On the other hand, debt, dependents and dreams might steer you in a different path. Let's say you have sizeable RRSP (registered retirement savings plan) contribution room. Deploying most of the funds to retirement savings might yield a nice refund next year, which could then be used to pay down debt.

If kids are in the picture dividing the money up between an RRSP and an RESP (registered education savings plan) would provide a smaller tax refund but the



RESP deposit will attract a 20 per cent government grant.

Now to dreams! I always advise those receiving a windfall to do a little dreaming about the future. It could be more education, a home or even a business.

A few years back one reader took a chunk of her divorce settlement and bought a commercial grade sewing machine, cutting

table and fitting dummy. She now has a internet business custom sewing for hard-to-fit folk.

If you have kids you might want to indulge their dreams also. But take care with this because spending to assuage the pain of divorce is a temporary bandage at best.

Next week, I'll offer a few ideas for investing the windfall.

## Statistic

**4/10**

Four in 10 Canadian marriages end in divorce

ALISON GRIFFITHS IS THE AUTHOR OF **COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY. REACH HER AT ALISONGRIFFITHS.CA OR AT GRIFFITHS.ALISON@GMAIL.COM**

## Wedding etiquette

### Tips for small talk



**CHARLES THE BUTLER**  
 askcharlesthebutler@metronews.ca  
 For more, visit charlesmacpherson.com

**Hello Charles the Butler! When I go to my friends' weddings, like everyone else I have to sit at a table of about 10 people, but I often**

**don't know most of them. Am I honestly expected to talk to these strangers at my table?**

It would be very rude to arrive at a dinner table, sit down, and not speak to anyone except the person beside you!

Yes, you need to socially make an effort and try to introduce yourself to all of the others at the table and you need to make polite conversation with them.

Now often people have trouble making "small talk" as they do not know what to say, so here is a trick I teach people. Read the newspaper the morning of your event. By reading the paper, this allows you to know what is going on around the world and have topics of conversations with people as this gives you many, many things to talk about. If you can't get a paper, listen to the news on the radio or go online.



When at a wedding, it's considered rude to ignore the strangers at your table. Try to make conversation. ISTOCK

# Go-getter sends email survey to woman after dates

We all remember ye olde tale of the online dater who organized his potential matches using a spreadsheet rankings of the women on a scale of one to 10.

Now, brace yourself for the latest star of the awkward dating techniques show.

Meet Mike, a 24-year-old finance worker based in Philadelphia, who is just looking for a little feedback. Unfortunately for him, his former dating partner seized the opportunity to humiliate him after she was sent a survey about her interaction with Mike once they agreed to stop seeing each other.

The young woman met Mike on OKCupid and told Deadspin that he is "six

feet, overall moderately attractive." However, after a few dates, she realized it just wasn't "there."

"He struck me as a little socially inept hence why I was starting to doubt the 'non-physical' attraction," she told Deadspin. "He wasn't too creepy, just the type of guy who over analyzes every detail and feels completely awkward in the majority of social situations. It didn't seem like he got out much."

And that's when Mike sent the survey ... in an email ... with a subject line including a Romeo & Juliet passage.

"Good Night, Good night! Parting is such sweet sorrow, that I shall say good night till it be tomorrow," if



This guy needs to know when to call it quits. ISTOCK

you must know.

So what is it that Mike wants to know? Basically, all of the questions everyone wonders after a date, but never ever asks because it would be super weird and socially inappropriate to do so. For example, "Mike is very masculine. At any point, did you feel he was compensating for anything?"

Here's another perfectly reasonable question: "Are you a feminist? — your answer is for informational purposes only."

Also, in case she wanted to leave Mike any final thoughts, he included an area where she could "feel free to use the space below to draw Mike a picture."

METRO NEW YORK

## 4

## SPORTS

## Cycling

"Sure there's hard moments and you're suffering and you'd rather be other places, but the rewards you get back from persevering, that's what keeps you here and I wouldn't trade anything for it."

Canada's Ryder Hesjedal on Monday. It doesn't get much bigger than this for Hesjedal. Standing second overall, the 31-year-old from Victoria has five stages and 925 kilometres to go before the storied race finishes Sunday in Milan. Hesjedal, the designated leader of the Garmin-Barracuda team, is 30 seconds back of Spain's Joaquin Rodriguez.

## On the web



Peyton Manning suited up for his first full practice with the Broncos on Monday and according to Denver cornerback Champ Bailey, the four-time MVP "hasn't missed a beat" after being sidelined for over 16 months with a neck injury. Scan the code for the story.



Devils goalie Martin Brodeur with New York's Mike Rupp on Monday night in Newark, N.J. KATHY WILLENS/THE ASSOCIATED PRESS

# Gloves come off as Devils draw even

**NHL.** Hatred between regional rivals erupts as New Jersey takes Game 4 from New York

It's guaranteed to go six, and sure looks like it will go seven.

Four games into the sixth Battle of the Hudson, the New Jersey Devils certainly appear to be the better and more creative team yet, even with a rousing 4-1 triumph in Game 4 on Monday night, they are deadlocked with their New York hockey cousins, two games apiece.

This is where this one is

## Game 4

4

Devils

1

Rangers

now likely to get down and dirty, and some of that began on Monday with a first-period fight between Adam Henrique and Ryan McDonagh, and then a third-period brouhaha ignited by Mike Rupp taking a swipe at Devils goalie Martin Brodeur.

There's been some unfriend-

liness between these two clubs all season, including a game-opening line brawl late in the regular season that started a war of words between Jersey bench boss Peter DeBoer and Ranger coach John Tortorella. After Rupp was tossed, DeBoer and Tortorella started the shouting from the benches.

Given that they'd exchanged barbs the day before over a suspension to New York's Brandon Prust for a cheap elbow on Anton Volchenkov, well, it seems the coaches are also getting overheated. Game 5 goes at Madison Square Garden on Wednesday.

The Rangers haven't looked

great for much of this series. But they've got two of the next three at home to advance to their first cup final since 1994.

The stars came out for the Devils in the fourth match, with Zach Parise snapping out of his mini-funk to lead Jersey to victory with a pair of goals, the second of which was assisted by Brodeur. Travis Zajac scored a pretty one in the first off a Parise feed, and all in all the Devils simply dominated the Rangers as they had in vain for most of the previous match.

The difference this time was they found a way to beat Henrik Lundqvist in the Ranger net.

TORSTAR NEWS SERVICE

# Bass drops the boom as Celtics top Sixers



Celtics guard Ray Allen shoots over 76ers forwards Thaddeus Young and Andre Iguodala in Boston on Monday night. CHARLES KRUPA/THE ASSOCIATED PRESS

Brandon Bass scored 18 of his post-season career-high 27 points in the third quarter on Monday night as the Boston Celtics pulled away from the Philadelphia 76ers to win 101-85 and take a 3-2 lead in their Eastern Conference semifinal series.

Kevin Garnett added 20 points and Rajon Rondo had 13 points and 14 assists for the Celtics, who can advance to the East finals with a victory in Philadelphia on Wednesday. The Sixers need a win to force the series back to Boston for a decisive Game 7 on Saturday.

Elton Brand scored 19 and

## Game 5

101

Celtics

85

76ers

Evan Turner had 11 points and 10 rebounds for Philadelphia, which led by six points early in the third quarter before Boston scored 14 of the next 16 points. Bass scored eight of them, including back-to-back dunks followed by a steal that

set up Ray Allen's fast-break layup to give the Celtics a 63-57 lead with five minutes left in the quarter.

Boston closed out the third with a 10-2 run over the final three minutes and outscored the Sixers 28-16 in the period. The Celtics also scored 16 of the first 22 points in the fourth quarter — seven from Rondo — to put away the game.

Paul Pierce had 16 points — going 9 for 9 from the free throw line — and Allen, back in the starting lineup because of an injury to Avery Bradley, had five points.

THE ASSOCIATED PRESS

## Tennis

## Nadal claims one more title on clay

Rafael Nadal showed Novak Djokovic he's still the man to beat on clay, defeating the top-ranked Serb 7-5, 6-3 Monday in a rain-delayed final to win his record sixth Italian Open.

After losing to Djokovic in seven straight finals, Nadal has now won two in a row against the Serb after also taking the Monte Carlo Masters title on clay.

"I don't think I played that well, I can do better," Nadal said. "When you are not serving 100 per cent perfect then you are in trouble, because he returns hard. I am trying to play more aggressive."

With the French Open starting Sunday, both players said they have room to improve. THE ASSOCIATED PRESS



Rafael Nadal, left, and Novak Djokovic on Monday in Rome. GETTY IMAGES

## MLB

## Jays' Arcencibia rewarded for stellar week

Toronto Blue Jays catcher J.P. Arcencibia was named the American League player of the week on Monday.

Arcencibia had four home runs, 10 RBIs and seven runs scored in six games last week. He batted .360 and went 9-for-25 during that span.

It's the 26-year-old's first weekly MLB honour and marks the first time a Blue Jays catcher has won the award.

THE CANADIAN PRESS

## Crossword

### Across

- 1 Record
- 5 Dieter's target
- 9 Satchel
- 12 Ontario neighbor
- 13 Staffer
- 14 Altar affirmative
- 15 Big rat
- 17 Hair-care product
- 18 Congregational cry
- 19 Stormed
- 21 Puny one
- 24 "David Copperfield" girl
- 25 Congers
- 26 Fleet of ships
- 30 Ms. MacGraw
- 31 Nut-bearing hardwood tree
- 32 Chic no longer
- 33 Washington volcano
- 35 Horseback game
- 36 Caspian Sea feeder
- 37 Arise
- 38 Actress Black
- 40 Aspiration
- 42 Past
- 43 Unpredictable venture
- 48 Writer Buscaglia
- 49 Enormous
- 50 Initial stake
- 51 NYC winter hrs.
- 52 "Zounds!"
- 53 Apportion

### Down

- 1 Society newbie
- 2 401(k) alternative
- 3 Sermon subject
- 4 Lebanon trees
- 5 Confront
- 6 Yellow Brick Road follower
- 7 Big bother
- 8 Promise to wed
- 9 Oaf
- 10 "Zip- — -Doo-Dah"
- 11 Prospector's dream
- 16 Mischievous tyke
- 20 "Exodus" figure
- 21 Pekoe et al.
- 22 Lump raised by a blow
- 23 Secretary of war, 1899-1904
- 24 Medical types
- 26 Sense
- 27 Author Deighton
- 28 Humdinger
- 29 On
- 31 A Streetcar Named Desire role
- 34 Before
- 35 The Taking of — One Two Three
- 37 Petrol
- 38 Hardy cabbage
- 39 Quite some time



- 40 Enthusiastic
- 41 Newspaper page
- 44 Bad hairpiece

- 45 A Chorus Line song
- 46 Mel of Cooperstown
- 47 Driving site

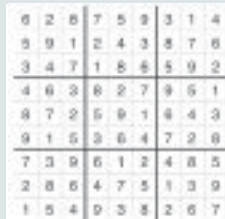
## Sudoku



### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's Sudoku



## Friday's Crossword



## Cryptoquip

### How to play

This is a substitution cipher where one letter stands for another. Eg: If X equals O, it will equal O throughout the puzzle.

JUPL ARV ZQPPM KRLZJQGMPO  
XQEPL PLMUVKGXKMGBXEEA.  
RLP BRVEF KVVWRKP MUXM  
ARV UPQXEF UXQREF.  
Yesterday's Cryptoquip: IF A CHURCH PASTOR  
IS VERY FRIENDLY AND GREGARIOUS, I'D HAVE  
TO SAY HE'S A PEOPLE PARSON.  
Today's Cryptoquip Clue: A equals Y



For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

## Weather

### TUESDAY



MAX: 26°  
MIN: 14°

### WEDNESDAY



MAX: 21°  
MIN: 16°

### THURSDAY



MAX: 13°  
MIN: 7°



### JENNA KHAN WEATHER SPECIALIST

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6 AM**



## Horoscope

### ♈ Aries | March 21 - April 20.

Keep your wits about you today, because the planets indicate there is money to be made.

### ♉ Taurus | April 21 - May 21.

As from today there should be no further doubts about what it is you desire and what it is you intend to do with your life.

### ♊ Gemini | May 22 - June 20.

Some thoughts can be shared and some thoughts are best kept to yourself.

### ♋ Cancer | June 21 - July 22.

There is a lot you can do on your own but there is absolutely nothing you cannot do with like-minded friends by your side.

### ♌ Leo | July 23 - Aug. 22.

If ever there was the perfect time to impress employers and other important people that time is now. Be brilliant.

### ♍ Virgo | Aug. 23 - Sept. 22.

You may have an overwhelming urge to get away from your everyday environment but because you have duties to perform that might not be possible today.

### ♎ Libra | Sept. 23 - Oct. 22.

The Sun in Gemini at this time of year encourages you to think in new ways.

### ♏ Scorpio | Oct. 23 - Nov. 21.

Don't try to analyze why you feel so good today because the more you chase after the feeling the more it will slip away from you.

### ♐ Sagittarius | Nov. 22 - Dec. 21.

Success is yours if you have the right attitude. And what is that? That you are a blessing on the world.

### ♑ Capricorn | Dec. 22 - Jan. 20.

Even the most tongue-tied of Capricorns will express themselves beautifully today.

### ♒ Aquarius | Jan. 21 - Feb. 18.

Take life as it comes and don't worry about tomorrow or the day after that.

### ♓ Pisces | Feb. 19 - March 20.

Go out of your way to get along with people today, even people you might prefer to avoid. Everyone you meet has something to teach you.

SALLY BROMPTON



## Caption Contest

"I'm b-b-b-bad to the....where's my bone?"

Lily

SAKCHAI LALIT/THE ASSOCIATED PRESS

## Win!



### You write it!

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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**Media:**  
 Janet R. Hill, Elizabeth Robinson, Samella Lerner, Patricia Green, Katy McLaughlin, Cassie Bandy, David Wagner  
**Panel:**  
 Boyd Campbell, David Bessing, James Burke, Jeff Leach, Brian Lippert, Clark Hesse  
**Guests:**  
 Glen Ford, Mark Stephens, Tim Givens



Northeast Law Enforcement Academy Class 11 - 25

[illegible]

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